



EUROPEAN ALLIANCE AGAINST

DEPRESSION

www.eaad.net

Who we are

The European Alliance against Depression is an international non-profit organization with its headquarters in Leipzig, Germany.

It was established in 2008 by seven researchers from different research institutions in Europe to ensure sustainability of the former EU-funded project EAAD.

Our aim

Many people in Europe suffer from depression. It is a disease that can hit anybody: young people, mothers, managers, old people, you...

Having a depression can impair the quality of life more than other diseases and often leads to suicide. Therefore it is important to further take action nationally and commonly Europe wide.

The main purpose of the society is to promote the public health and education and furthermore to promote the care of depressed patients and the prevention of suicides by initiating community-based intervention programmes.

Activities

Our purpose will be realized in particular by:

- Actions to improve the care for patients affected by depression and prevent suicides as well as supporting relatives of persons concerned
- Raising Public Awareness of the occurrence and impact of depression and suicidal tendency
- Information and education of the general public and professionals
- Promoting the EAAD 4-level intervention
- Information on EAAD and dissemination of EAAD results
- Conducting research and evaluation on interventions for depression and the prevention of suicides

Being an EAAD member

...means to belong to a well-known group of researchers that established the successful and evidence based EAAD 4-level approach in many European regions already.

The 4-level approach comprises:

1. Co-operation with GP's (e.g. advanced training)
2. Public Awareness Campaign
3. Training of community facilitators
4. Offers for high risks and self-help activities

(Please visit our website for further information's)

As EAAD member are you eligible to use the developed, evaluated and constantly updated materials for free.

You will also be part of a think tank in mental health that wants to conduct further research and undertake activities in respect of depression and the prevention of suicides Europe wide.

Headquarters also supports the researchers with research proposals and searches for funding opportunities for new projects and activities.



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Join us

Become a National Chapter

You can become the national chapter of your country if there is not already one established. As this you act as the leading centre and contact point for interested regions which want to implement the 4-level-approach.

Further on you will be the contact point for further activities undertaken by EAAD society.

Become an Individual Member

You can also become an individual independent member in your country beside the national chapter. For this you need to contact the national chapters. Contact details are available on our website.

Become a Supporter

If you want to support our idea and work you may also make a financial contribution. In this case please contact headquarters.

Membership fee

Minimum 3000 € per annum

Contact us

EAAD Headquarter

European Alliance Against Depression e.V.
Simmelweisstraße 10
04103 Leipzig
Germany

Phone: +49 341 9724440

Fax: +49 341 9724589

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